

Book List: Books to Inspire

Ordered by Title

Title	Author	Year
A brilliant madness: living with manic depressive illness	Duke, Patty; Hochman, Gloria	1999
A cruel paradise: journals of an international relief worker	Olsen, Leanne	1999
A long walk home	Clark, Rachel	2002
A very easy death	De Beauvoir, Simone	1969
A war nurse's diary: sketches from a Belgian field hospital	Anon.	2005
An unquiet mind: a memoir of moods and madness	Jamison, Kay Redfield	1997
As I live and breath: notes of a patient - doctor	Weisman, Jamie	2002
Baby catcher: chronicles of a modern midwife	Vincent, Peggy	2003
Before I say goodbye	Picardie, Ruth	1998
Behind closed doors: a true story of abuse, neglect and survival against the odds	Tomlin, Jenny	2006
Blood, sweat and tea: real life adventures in an inner-city ambulance	Reynolds, Tom	2006
Born on a blue day	Tammet, Daniel	2007
C : because cowards get cancer too	Diamond, John	1998
Chicken soup for the nurse's soul: 101 stories to celebrate, honor and inspire the nursing profession	Canfield, Jack; Hansen, Mark Victor; Mitchell-Autio, Nancy; Thieman, Leann	2001
Diving-bell and the butterfly	Bauby, Jean-Dominique	2004
Emergence: labeled autistic : a true story	Grandin, Temple	1996
Eyes without sparkle: a journey through postnatal illness	Hanzak, Elaine A.	2005
Final exam: a surgeon's reflections on mortality	Chen, Pauline. W	2007
First person plural: my life as a multiple	West, Cameron	1999
First, do no harm	Gold, Lawrence W	2007
Grace and grit: spirituality and healing in the life and death of Treya Killam Wilber	Wilber, Ken	2001
Hannah's gift: lessons from a life fully lived	Housden, Maria	2003
Hidden tears and happy smiles: living with Andrew and other special children	Cooper, Rachel	2001
Hope in hell: inside the world of Doctors Without Borders	Bortolotti, Dan	2004
How can I help?: reflections of a humanitarian aid doctor	Evans, Stuart	2003
How can I help?: stories and reflections on service	Dass, Ram; Gorman, Paul	1985
How doctors think	Groopman, Jerome	2007

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How to stop worrying and start living	Carnegie, Dale	2007
Intensive care: the story of a nurse	Heron Echoe	1988
Into the light: from an abusive past to a healing future	McCann, Richard	2006
It's not about the bike: my journey back to life	Armstrong, Lance	2001
Journey into the heart: a tale of pioneering doctors and their race to transform cardiovascular medicine	Monagan, David; Williams David O.	2007
Journeys through hell: stories of burn survivors' reconstruction of self and identity	Stouffer, Dennis J.	1995
King of hearts: the true story of the maverick who pioneered open heart surgery	Miller, Wayne G.	2000
Learning to live with Huntington's Disease: one family's story	Sulaiman, Sandy	2007
Life after darkness: a doctor's journey through severe depression	Wield, Cathy	2006
Like a hole in the head: living with a brain tumour	Noble, Ivan	2005
Little girl lost	Pahlson-Moller, Lovisa	2006
Livestrong: inspirational stories from cancer survivors - from diagnosis to treatment and beyond	Armstrong, Lance	2006
Living on the seabed: a memoir of love, life and survival	Nicholson, Lindsay	2005
Love, medicine and miracles	Siegel, Bernie	1999
Moving mountains	Bertschinger, Claire ; Blake, Fanny	2005
My left foot	Brown, Christy	1990
My Story: A child called it; The lost boy; A man named Dave	Pelzer, Dave	1999
My year off: rediscovering life after a stroke	McCrum, Robert	1998
Next to you: Caron's courage remembered by her mother	Hunniford, Gloria	2006
Nurse: the true story of Mary Benjamin, R.N.	Anderson, Peggy	2007
One unknown: a powerful account of survival and one woman's inspirational journey to recovery and a new life	Hicks, Gill	2007
Over my head: a doctor's own story of head injury from the inside looking out	Osborn, Caludia L.	2000
Patient: the true story of a rare illness	Watt, Ben	1998
Prescription impossible	Richards, Mike	2004
Remind me who I am, again	Grant, Linda	1999
Send in the idiots: stories from the other side of autism	Nazeer, Kamran	2007

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Seven choices: finding daylight after loss shatters your world	Neeld, Elizabeth Harper	2006
Standing on his own two feet: a diary of dying	Grant, Sue	2005
Staring at ceilings: a young man's war against cancer	Kay, Jonathan James	2005
Still here: embracing aging, changing, and dying	Dass, Ram	2001
Strange harvest: organ transplants, denatured bodies, and the transformed self	Sharp, Lesley, A.	2006
Sybil: the true story of a woman possessed by sixteen separate personalities	Schreiber, Flora Rheta	1974
Take off your party dress: when life's too busy for breast cancer	Rabinovitch, Dina	2007
The diving-bell and the butterfly	Bauby, Jean-Dominique	2007
The enduring melody	Mayne, Michael	2006
The hospital by the river: a story of hope	Hamlin, Catherine	2001
The luxury of time	Tomlinson, Jane; Tomlinson, Mike	2005
The man who lost his language: a case of aphasia	Hale, Sheila	2007
The man who mistook his wife for a hat	Sacks, Oliver	1986
The pits and the pendulum: a life with bipolar disorder	Adams, Brian	2002
The quiet room: journey out of the torment of madness	Schiller, Lori; Bennett, Amanda	1996
The roses of no man's land	Macdonald, Lyn	1993
The secret life of Dr. James Barry: Victorian England's most eminent surgeon	Holmes, Rachel	2007
The spirit catches you and you fall down: a Hmong child, her American doctors and the collision of two cultures	Fadiman, Anne	2007
Treasures in darkness: a doctor's personal journey through breast cancer	Anderson, Taffy A.	2007
Trust me, I'm a (junior) doctor	Pemberton, Max	2008
Type 2 diabetes: an essential guide for the newly diagnosed (The First Year)	Becker, Gretchen	2004
Una and her paupers: the extraordinary life of nurse Agnes Elizabeth Jones	Jones, Agnes Elizabeth	2005
Wasted: a memoir of anorexia and bulimia	Hornbacher, Marya	1999
When bad things happen to good people	Kushner, Harold S.	2002
When half is whole	Hewson, Lorna	1986

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When the nightingale sang: a nurse's life in the 1950's & 1960's	Franklin, Rosalind; O'Neil, Cynthia	2004
Wonderful adventures of Mrs Seacole in many lands	Seacole, Mary	2005
Yes sister, no sister: a Leeds nurse in the 1950s	Craig, Jennifer	2002
You can't take it with you	Tomlinson, Jane; Tomlinson, Mike	2007