

Book List: Books to Inspire

Ordered by Title

Title	Author	Year
999: true stories of my life as a paramedic	Walder, Lysa	2008
A brilliant madness: living with manic depressive illness	Duke, Patty; Hochman, Gloria	1999
A cruel paradise: journals of an international relief worker	Olsen, Leanne	1999
A grief observed	Lewis, C. S.	1966
A leg to stand on	Sacks, Oliver	1991
A long walk home	Clark, Rachel	2002
A long walk to freedom: The autobiography of Nelson Mandela	Mandela, Nelson	1994
A midwife's story	Armstrong, Penny	2006
A very easy death	De Beauvoir, Simone	1969
A war nurse's diary: sketches from a Belgian field hospital	Anon.	2005
An imperfect offering: dispatches from the medical frontline	Orbinski, James	2008
An unquiet mind: a memoir of moods and madness	Jamison, Kay Redfield	1997
And still the music plays: stories of people with dementia	Stokes, Graham	2008
As I live and breath: notes of a patient - doctor	Weisman, Jamie	2002
Baby catcher: chronicles of a modern midwife	Vincent, Peggy	2003
Banana man: The Inspirational Story of How One Man's Mission to Save a Child...	Allen, Kevin	2010
Bedside stories: confessions of a junior doctor	Foxton, Michael	2003
Before I say goodbye	Picardie, Ruth	1998
Behind closed doors: a true story of abuse, neglect and survival against the odds	Tomlin, Jenny	2006
Better: a surgeon's notes on performance	Gawande, Atul	2008
Blood, sweat and tea: real life adventures in an inner-city ambulance	Reynolds, Tom	2006
Blue lights and long nights	Pringle, Les	2009
Blue sky July	Wyn, Nia	2007
Born on a blue day	Tammet, Daniel	2007
C : because cowards get cancer too	Diamond, John	1998
Catherine's gift: stories of hope from the hospital by the river	Little, John	2010
Chicken soup for the nurse's soul: 101 stories to celebrate, honor and inspire the nursing profession	Canfield, Jack; Hansen, Mark Victor; Mitchell-Autio, Nancy; Thieman, Leann	2001
Complications: a surgeon's notes on an imperfect science	Gawande, Atul	2008

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Diagnosis: dispatches from the frontlines of medical mysteries	Sanders, Lisa	2009
Digging Up the dead: uncovering the life and times of an extraordinary surgeon	Burch, Druin	2008
Eat, pray, love: one woman's search for everything	Gilbert, Elizabeth	2006
Emergence: labeled autistic : a true story	Grandin, Temple	1996
Eyes without sparkle: a journey through postnatal illness	Hanzak, Elaine A.	2005
Final exam: a surgeon's reflections on mortality	Chen, Pauline. W	2007
First person plural: my life as a multiple	West, Cameron	1999
First, do no harm	Gold, Lawrence W	2007
Footprints in the snow: how science helped turn tragedy to triumph	Hill, Julie	2005
Getting it off my chest	Day, Janice	2009
Grace and grit: spirituality and healing in the life and death of Treya Killam Wilber	Wilber, Ken	2001
Hannah's gift: lessons from a life fully lived	Housden, Maria	2003
Hidden tears and happy smiles: living with Andrew and other special children	Cooper, Rachel	2001
Holiday SOS: the life-saving adventures of a travelling doctor	Macfarlane, Ben	2009
Hope in hell: inside the world of Doctors Without Borders	Bortolotti, Dan	2004
How can I help?: reflections of a humanitarian aid doctor	Evans, Stuart	2003
How can I help?: stories and reflections on service	Dass, Ram; Gorman, Paul	1985
How doctors think	Groopman, Jerome	2007
How to stop worrying and start living	Carnegie, Dale	2007
If you fall: it's a new beginning	Darke, Karen	2006
In stitches: the highs and lows of life as an A and E doctor	Edwards, Nick	2007
Intensive care: the story of a nurse	Heron Echoe	1988
Into the light: from an abusive past to a healing future	McCann, Richard	2006
It's not about the bike: my journey back to life	Armstrong, Lance	2001
It's not like that, actually: a memoir of surviving cancer and beyond	Carr, Kate	2004
Journey into the heart: a tale of pioneering doctors and their race to transform cardiovascular medicine	Monagan, David; Williams David O.	2007
Journeys through hell: stories of burn survivors' reconstruction of self and identity	Stouffer, Dennis J.	1995

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Just a boy	McCann, Richard	2005
Keeper: living with Nancy: a journey into alzheimer's	Gillies, Andrea	2009
King of hearts: the true story of the maverick who pioneered open heart surgery	Miller, Wayne G.	2000
Learning to live with Huntington's Disease: one family's story	Sulaiman, Sandy	2007
Life after darkness: a doctor's journey through severe depression	Wield, Cathy	2006
Life and death on the streets: a paramedic's diary	Gray, Stuart	2007
Like a hole in the head: living with a brain tumour	Noble, Ivan	2005
Little girl lost	Pahlson-Moller, Lovisa	2006
Livestrong: inspirational stories from cancer survivors - from diagnosis to treatment and beyond	Armstrong, Lance	2006
Living on the seabed: a memoir of love, life and survival	Nicholson, Lindsay	2005
Looking up: a humorous and unflinching account of learning to live again with sudden disability	Rushby-Smith, Tim	2008
Love, medicine and miracles	Siegel, Bernie	1999
More blood, more sweat and another cup of tea	Reynolds, Tom	2010
Moving mountains	Bertschinger, Claire	2005
My left foot	Brown, Christy	1990
My perfect son has cerebral palsy: a mother's guide of helpful hints	Kennedy, Marie A.	1999
My Story: A child called it; The lost boy; A man named Dave	Pelzer, Dave	1999
My stroke of luck	Douglas, Kirk	2002
My year off: rediscovering life after a stroke	McCrum, Robert	1998
Next to you: Caron's courage remembered by her mother	Hunniford, Gloria	2006
Nurse: the true story of Mary Benjamin, R.N.	Anderson, Peggy	2007
Nurse on call: the true story of a 1950s district nurse	Cotterill, Edith	2010
One unknown: a powerful account of survival and one woman's inspirational journey to recovery and a new life	Hicks, Gill	2007
Over my head: a doctor's own story of head injury from the inside looking out	Osborn, Caludia L.	2000
Patient: the true story of a rare illness	Watt, Ben	1998
Prescription impossible	Richards, Mike	2004
Remind me who I am, again	Grant, Linda	1999

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Seeing voices	Sacks, Oliver	2009
Send in the idiots: stories from the other side of autism	Nazeer, Kamran	2007
Seven choices: finding daylight after loss shatters your world	Neeld, Elizabeth Harper	2006
Sick notes: true stories from the front lines of medicine	Copperfield, Tony	2010
Standing on his own two feet: a diary of dying	Grant, Sue	2005
Staring at ceilings: a young man's war against cancer	Kay, Jonathan James	2005
Still here: embracing aging, changing, and dying	Dass, Ram	2001
Strange harvest: organ transplants, denatured bodies, and the transformed self	Sharp, Lesley, A.	2006
Sunbathing in the rain: a cheerful book about depression	Lewis, Gwyneth	2006
Sybil: the true story of a woman possessed by sixteen separate personalities	Schreiber, Flora Rheta	1974
Take off your party dress: when life's too busy for breast cancer	Rabinovitch, Dina	2007
Taking the medicine	Burch, Drun	2009
Testament of youth: an autobiographical study of the years 1900-1925	Brittain, Vera	2004
The art of happiness: a handbook for living	Cutler, Howard C. (with HH The Dalai Lama)	1999
The blood of strangers: true stories from the emergency room	Huyler, Frank	2002
The choice: the true story of a mother fighting for her life - and her child	Bohan, Bernadette	2004
The diving-bell and the butterfly	Bauby, Jean-Dominique	2004
The enduring melody	Mayne, Michael	2006
The hospital by the river: a story of hope	Hamlin, Catherine	2001
The knife man: blood, body-snatching and the birth of modern surgery	Moore, Wendy	2006
The luxury of time	Tomlinson, Jane; Tomlinson, Mike	2005
The man who lost his language: a case of aphasia	Hale, Sheila	2007
The man who mistook his wife for a hat	Sacks, Oliver	1986
The midwife trilogy: call the Midwife, Shadows of the Workhouse, Farewell to the East End	Worth, Jennifer	2010
The pits and the pendulum: a life with bipolar disorder	Adams, Brian	2002

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The quiet room: journey out of the torment of madness	Schiller, Lori; Bennett, Amanda	1996
The roses of no man's land	Macdonald, Lyn	1993
The secret: daily teachings	Byrne, Rhonda	2008
The secret life of Dr. James Barry: Victorian England's most eminent surgeon	Holmes, Rachel	2007
The spirit catches you and you fall down: a Hmong child, her American doctors and the collision of two cultures	Fadiman, Anne	2007
Three cups of tea	Mortenson, Greg	2008
Toast	Slater, Nigel	2003
Touching the void	Simpson, Joe	1988
Treasures in darkness: a doctor's personal journey through breast cancer	Anderson, Taffy A.	2007
Trust me I'm (still) a doctor	Hammond, Phil	2008
Trust me, I'm a (junior) doctor	Pemberton, Max	2008
Type 2 diabetes: an essential guide for the newly diagnosed (The First Year)	Becker, Gretchen	2004
Una and her paupers: the extraordinary life of nurse Agnes Elizabeth Jones	Jones, Agnes Elizabeth	2005
View from the Surgery	Moody, Ken B.	2008
Wasted: a memoir of anorexia and bulimia	Hornbacher, Marya	1999
What can I do to help?: 75 practical ideas for family and friends from cancer's frontline	Hutton, Deborah	2010
When bad things happen to good people	Kushner, Harold S.	2002
When half is whole	Hewson, Lorna	1986
When the air hits your brain: tales from neurosurgery	Vertosick, Frank	2008
When the bough breaks: a mother's story	Hollander, Julia	2009
When the nightingale sang: a nurse's life in the 1950's & 1960's	Franklin, Rosalind; O'Neil, Cynthia	2004
Where does it hurt?: what the junior doctor did next	Pemberton, Max	2009
Wonderful adventures of Mrs Seacole in many lands	Seacole, Mary	2005
Yes sister, no sister: a Leeds nurse in the 1950s	Craig, Jennifer	2002
You can't take it with you	Tomlinson, Jane; Tomlinson, Mike	2007